



6160 West Higgins Avenue,
Chicago, IL 60630

August Newsletter

This is a more difficult newsletter to write this month in wake of the tragic loss of Officer Ella French. We have been receiving calls and texts from officers seeking help for themselves or their fellow officers and saying thanks for being here as well as inquiries from others who want to know more about our organization. If you are interested, here is a [Facebook link](#) to a radio interview that Matt gave on behalf of The Well on August 9th.

The Well Resource Center is a place where people are with and for you. We seek to improve First Responders and their family's emotional, spiritual, relational, and physical well-being.

Our Counselors

The Well Resource Center's counselors are here to help First Responders and their families deal with the trauma associated with being on the job.



Julia Schofield (left) and Emily Pagone (right)

We are also actively seeking a third counselor to better serve our officers and their families. Read full bios of our counselors [here](#).

The Well Resource Center offers one-on-one and family counseling in a private setting. If you would like to talk to someone, please contact Emily@Thewellrc.org.

National Night Out

The Well participated in **National Night Out** alongside District 16 Police Officers at Norwood Park on August 3rd. Many grown-ups and kids came by our booth to get the popcorn we were handing out! They were greeted with an enthusiastic smile and we were able to answer any questions about who we are and what we do here at The Well Resource Center. This community is a huge supporter of us and we love being here.



Area 4 Golf Outing



The Well sponsored a taco truck and a hole at the Area 4 golf outing this month. It was a joy to be with over 200 of Chicago's finest police officers. We are honored to participate in events where we can show our appreciation for those who do so much for us.

Many officers were here at our office/drop-in center this past week to share what they were going through.

On the night of Ella French's murder, The Well was flooded with phone calls, text messages and emails from both officers that use The Well's services frequently and those who heard of The Well but have never been here. These conversations included letting us know that they recommended The Well to someone who was involved in the shooting, an opportunity to vent or a sharing a word of gratitude. Several officers said, "it is comforting to know that when nights like these happen, we know we can count on The Well to be there for us."

Thank you for your continued support and allowing us to shine a light in a city that seems increasingly dark.