



6125 W. Foster Avenue
Chicago, IL 60630

May Newsletter

Welcome to our **new monthly newsletter** where you are kept up to date with the exciting and important work The Well Resource Center is doing because of your support! We will give you some news, perhaps highlight a story and inform you of upcoming events.

The Well Resource Center is a place where people are with and for you. We seek to improve First Responders and their family's emotional, spiritual, relational and physical well-being.

We have moved to a new office!



Group Meeting Space

For Well-Being and Higgins Social



Counseling room

One-on-One private space to meet with our excellent counselors

We are so excited to have this temporary space to serve First Responders and their families!

Follow us on Instagram and Facebook for updated photos!

Our New Address:

**The Well Resource Center
6160 W. Higgins Avenue
Chicago, IL 60630**

Bike/Walk Night!



Every Thursday evening at 5:00 we meet with First Responders and their spouses for an energetic bike ride or walk and then an evening meal together. Contact us if you would like to learn more.

Did we mention we have a new office and it has a kitchen!



Come by for a cup of coffee or some other treat and check us out!