



6160 West Higgins Avenue,
Chicago, IL 60630

October/November Newsletter

The season has definitely changed!

What a blessing to have **enjoyed some great weather** and colorful leaves for so long. *We at The Well want our First Responders and families to be able to respond to the beauty of our city during the changing seasons in a healthy and joyful way.* We do that **with your support** when we open up our drop-in center where our folks loosen up a bit or when we did the final bike rides of fall together or even at our Fall Fest this past month. **Our police officers and fire personnel and their families really appreciate** all of it and often walk out our doors a little lighter!

We are having an Impact



Matt and Audra were honored to be invited to the **60th Annual Chicago Police Honors luncheon**. This event is held every year to honor and give recognition to officers who went above and beyond their call of duty as well as honoring those who made the ultimate sacrifice. We were **invited by the commanders of all five of the police districts that we currently attend** for roll call. This was their way of saying thank you to The Well for all that we do and **further confirmation that they see The Well as “part of the team.”**

The Well Resource Center offers one-on-one and family counseling in a private setting for First Responders. If you would like to talk to someone, please contact Julia@thewellrc.org for an initial consultation.

One of our officers...

*whom Matt had not talked to in a while, sought him out to **thank the Well organization** for an out of state referral for a close relative. Our counselors were on top of it and were able to alleviate this worried family man of some of his stress in the midst of working his difficult job of protecting and serving our city.*

Thank you for your continued support to provide needed support for our officers.

The Well Resource Center is a place where people are with and for you. We seek to improve First Responders and their family's emotional, spiritual, relational, and physical well-being.

GIVING TUESDAY

Giving Tuesday is November 30, 2021 this year. You can [donate here](#) or on our [website](#) anytime!

Fall Fest Fun



After a weather cancellation earlier in October, The Well Resource Center along with the Gladstone Neighborhood Association welcomed First Responders and their families to our Fall Fest on October 16th. We had bounce houses for the kids, crafts and pretzels. It was **so much fun** to interact with everyone and the local neighbors!